

Westinghouse Arts 2019 SEPTEMBER LUNCH MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
The Grille MONDAY & TUESDAY ASSORTED PIZZA	2 LABOR DAY NO SCHOOL	3 Ham & Cheese Croissant Carrots Asst Fruit/Fresh Veggies	4 Soft Taco Sweet Peas Asst Fruit/Fresh Veggies	5 Cheeseburger Broccoli Asst Fruit/Fresh Veggies	6 Macaroni & Cheese Green beans Asst Fruit/Fresh Veggies
The Garden	9 Gyro Corn Asst Fruit/Fresh Veggies	10 BBQ Chicken Sandwich Carrots Asst Fruit/Fresh Veggies	11 Buffalo Chicken Alfredo Sweet Peas Asst Fruit/Fresh Veggies	12 Mini Corn Dogs Broccoli Asst Fruit/Fresh Veggies	13 Beef & Cheese Nachos Green Beans Asst Fruit/Fresh Veggies
Garden Salad Spicy Chicken Salad Grilled Chicken Salad Breaded Chicken Salad	16 Pizza Pasta Bake Mixed Veggies Asst Fruit/Fresh Veggies	17 Spicy Chicken Sandwich Carrots Asst Fruit/Fresh Veggies	18 Walking Taco Sweet Peas Asst Fruit/Fresh Veggies	19 BBQ Rib Sandwich Broccoli Asst Fruit/Fresh Veggies	20 Buffalo Chicken Grilled Cheese Green Beans Asst Fruit/Fresh Veggies
The Pizzeria	23 Meatball Hoagie Corn Asst Fruit/Fresh Veggies	24 Pierogies w/Dinner Roll Carrots Asst Fruit/Fresh Veggies	25 Beef Burrito Bowl Black Beans Asst Fruit/Fresh Veggies	26 Double Dogs Broccoli Asst Fruit/Fresh Veggies	27 Buffalo Chicken Dip Green Beans Asst Fruit / Fresh Veggies
CHICKEN NUGGETS MONDAY WEDNESDAY FRIDAY	30 Pulled Pork Sandwich Corn Asst Fruit / Fresh Veggies				
Grab & Go Asst. Fruit/Veggie BAR Choice of Milk Flavors					
Options					

The Deli
Assorted wraps

Accompaniments
*Must take at least one 1/2 cup of fruit or vegetable

- Broccoli Florets
- Cauliflower Florets
- Baby Carrots
- Celery
- Cucumbers
- Tomatoes
- Mandarin Oranges
- Pineapple Tidbits
- Sliced Peaches
- Fruit Cocktail
- Applesauce

Milk

Milk Choices Offered Daily:
1% white, non-fat white, non-fat flavored

Proud to manage your food service program
Nutritional

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE